

Inger Marie Moen Reiten, MSc MBA

Inger Marie is an inspiring and insightful discussion partner and coach for top performers as leaders and others experiencing challenges and high pressure executing their tasks and missions on their job or in their lives. In meeting with people her integrity and sympathy creates a trustworthy and calm atmosphere giving the basis for an open and positive dialog. Her structured but practical approach contributes to easily target the core of issues people have to create the desired changes so clients achieve their results and goals effectively.

Inger Marie has held product and sales management positions for six years in the health sector and for two years she was an independent consultant for Statskonsult. She has also been working with fundraising for a patient association. She then worked for eight years as a communications adviser for Burson-Marsteller, for a broad variety of international organisations and industries, thus specialising in health communication.

After doing a career move from communication counselling for leaders and businesses, Inger Marie has for the past nine years been working as a coach for individuals with a wide variety of issues and challenges. The clients have ranged from leaders, employees and individuals all well functioning and healthy, but also clients with illnesses or different health problems.

She has experience in working with a range of issues as relations, performance, self esteem, stress, burnout to mention some. She has been helping people get back to work, into new positions or careers, improving performance in specific areas or situations and supporting people in getting changes and managing themselves for a better way of life.

Inger Marie has a sincere interest and belief in the individuals' resources and capabilities. She is dedicated in helping people overcome challenges and help clients achieve their goals and get the success they want in life.

Qualifications and roles

- DDCF Certified Coach. Health Coach, Den Norske Coach Forening (Oslo)
- Certified Quantum Leap Business Coach, The Coach Mentor/Coach Team (Oslo)
- Mindfulness trainer, Scandinavian Centre of Awareness Training (Oslo)
- Advanced Practitioner of the Phil Parker Lightning Process (London)
- Diploma in Clinical Hypnotherapy, NLP and Life coaching, PPTI (London)
- Certified NLP Master Practitioner, Metaresource (Oslo)
- Certified in Inspiring Coaching, Ringom-Instituttet (Oslo)
- MBA from Norwegian School of Management BI (Oslo)
- MSc in Marketing from Norwegian School of Marketing with specialisation in Leadership and Human Behaviour (Oslo)

- Project leader for the Evaluation project for young people with tension headache, project funded by Gjensidigestiftelsen / in co-operation with Nimi
- Chair/member of the Board, Norwegian Association of Lightning Process Practitioners

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